



Branded List of Permitted Food Items for Special Events

(Including student Birthday Treats or Holiday Party class snacks)

2013-14

Items to consider for Daily Snack...

Fresh Fruits and Vegetables

- Organic or conventional

Dried and Canned Fruit

- Raisins - **NOT** yogurt covered (**Best Choice, Sunmaid**)
- Canned fruit - small individual containers (**Dole, Del Monte**)
- Applesauce-small individual containers (**Best Choice, Mott's, Musselman's**)
- Applesauce on the go: appleapple, applebanana, applecinnamon & applestrawberry (**Materne GoGo squeeze**)

Cereal

- Apple Zings (**Malt-O-Meal**)
- Autumn Wheat (**Kashi**)
- Berry Colossal Crunch (**Malt-O-Meal**)
- Cinnamon Toast Crunch (**General Mills**)
- Alpha-Bits (**Post**)
- Cinnamon Toasters (**Malt-O-Meal**)
- Cheerios: apple cinnamon, chocolate, frosted, fruity, multi grain orregular (**General Mills**)
- Cocoa Roos (**Malt-O-Meal**)
- Cookie Crisp (**General Mills**)
- Crispy Rice (**Malt-O-Meal**)
- Fruity Pebbles (**Post**)
- Fruity DynoBites (**Malt-O-Meal**)
- Golden Crisps (**Post**)
- Golden Puffs (**Malt-O-Meal**)
- Golden Grahams (**General Mills**)
- Honey Graham Squares (**Malt-O-Meal**)
- Heart to Heart Cereal: Honey Toasted & Warm Cinnamon (**Kashi**)
- Honeycomb (**Post**)
- Honey Buzzers (**Malt-O-Meal**)
- Kix: honey or original (**General Mills**)
- Lucky Charms (**General Mills**)
- Marshmallow Mateys (**Malt-O-Meal**)
- Mini Wheats: Blueberry, Cinnamon Roll, Chocolate, Original & Strawberry (**Kellogg's**)
- Shredded Wheat spoon size: Original (**Post**)
- Frosted Mini Spooners: Original & Strawberry Crème (**Malt-O-Meal**)
- Tootie Fruities (**Malt-O-Meal**)
- Trix (**General Mills**)

Dairy Products

- Cottage Cheese: Fat Free, Low fat, Large Curd & Old Fashion (**Anderson/Erickson Dairy**)
- String Cheese (**Best Choice, Crystal Farms, Frigo, Kraft & Sargento**)

August 1, 2013

Nut-Safer Instructions and Food List for Special Events

*Principals may consider using this information for building guidance, education for staff and parents, and/or as a reference guide.