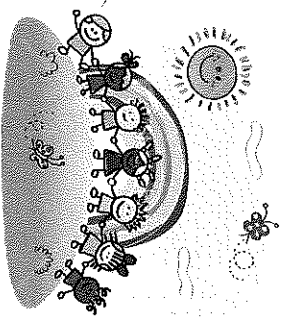
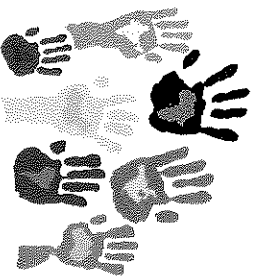


## **Community Partners:**

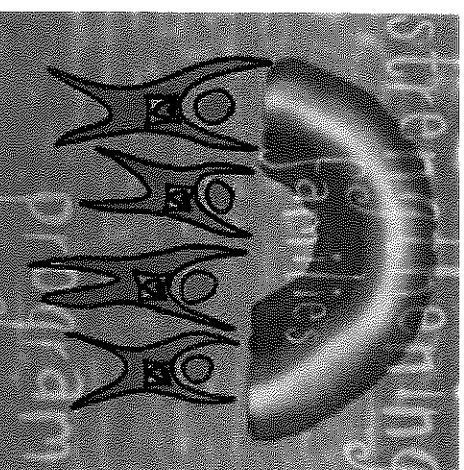
- First Baptist Church of Overland Park
- Johnson County Department of Corrections
- Johnson County Mental Health Center
- Journey Community Church
- KVC Behavioral Health Inc
- Overland Park Police Department



## **Lesson Examples:**

- Helping Kids Manage Stress
- Listening & Speaking
- Appreciating Family Members
- Rewarding Good Behavior
- Family Meetings
- How to Discuss Drugs & Alcohol
- Problem Solving
- Emotions & Empathy
- Giving and Receiving Feedback

## **Strengthening Families Program of Overland Park**

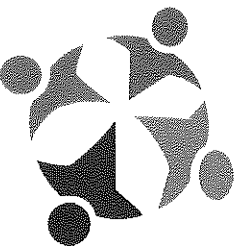


Phone: 913-642-3478

## What IS SFP?

Strengthening Families Program is a nationally recognized evidence-based prevention program for parents and children. It consists of parenting skills, children's life skills, and family skills training courses taught together in fourteen 2-hour group sessions preceded by a meal. The meal includes informal family practice time and group leader coaching.

This program is a wonderful way to strengthen individual families and help build communities.



### How Can I Support this Program?

- **Provide a Meal** - The meal is an essential component of the curriculum. Providing and serving a meal is a great way for church groups, civic organizations, professional associations, and businesses to be involved in the program.
- **Donate Family Fun Activities** - The program seeks to help families foster healthy, fun ways to spend time together. Consider donating family friendly activities such as board games, movie tickets, tickets to family outings, and more. We are especially interested in family friendly activities within the Overland Park community.
- **Monetary Contribution** - Consider donating funds to help us purchase lesson & craft supplies, meal items, and family fun activities.
- **Become a Facilitator** - Join a great team of professionals and volunteers.
- **Tell Your Community about SFP** - Let others know about this program and how they can be involved!

Contact Jessica Williams: 913-642-3478.

### Is this Program Right for My Family?

The skills taught and practiced at SFP are great for anyone interested in building healthier relationships. SFP-OP is specifically designed for families in need of additional support due to difficult issues the family is facing. Acceptance to the program requires a commitment to attend all 14 weeks of the program (except in emergencies). If this sounds like a program that might benefit your family, please contact the SFP-OP Site Coordinator, Jessica Williams, at 913-642-3478 or [jessica@opfbc.org](mailto:jessica@opfbc.org).

### Strengthening Families Program of Overland Park

Hosted at First Baptist Church of Overland Park  
8200 West 96th Street  
Overland Park KS 66212

913-642-3478  
[jessica@opfbc.org](mailto:jessica@opfbc.org)