

Professional Learning Experience	Description	Intended Outcomes	Testimonial
<p><b>Being Me in Your World</b></p> <p>K-12 90 minutes</p>	<p>Window or Mirror? The world looks different depending on who and where you are, and we need practice understanding multiple points of view. Participants will reflect on their own identities (mirrors) and have insight into the identities, experiences and motivations of others (windows).</p>	<ul style="list-style-type: none"> <li>• Understand how elements of one's identity impacts how they see the world.</li> <li>• Explore cross-cultural communication challenges.</li> <li>• Create action steps to help all students feel welcome.</li> </ul>	<p>"As a staff we enjoyed the unexpected takeaways from the "Being Me in Your World" learning module. The content and activities helped us recognize and challenge the assumptions we make unintentionally about students and their families. We were reminded in a positive and uplifting way that what we see at school is merely the tip of the iceberg when it comes to students' personal experiences and family backgrounds. Perhaps the best way to summarize the experience is that it is a healthy reminder that (1) everyone struggles and (2) no two students families share the same cultural identities."            -Charity Zeigler, SPE Principal</p>
<p><b>Culturally Responsive Schools</b></p> <p>K-5 90 minutes</p>	<p>Examine school demographic data to learn more about your students and community. Tailor breakout sessions for your school to meet the needs of the whole child and create inclusive safe spaces for all students and staff.</p>	<ul style="list-style-type: none"> <li>• Understand the layers of culture that make up students' complex identities.</li> <li>• Explore Blue Valley's/your school's demographics</li> <li>• Explore resources that create culturally responsive classrooms.</li> </ul>	<p>"This experience was full of great ideas that I can use in my classroom. I know that sometimes I can get so busy that I forget how easy some of the tips can be to implement. I loved having the opportunity to look at my school's demographic data and that the breakout sessions were self-paced." -STE Teacher</p>
<p><b>Exploring World Religions</b></p> <p>K-12 90 minutes</p>	<p>Examine the emerging religious diversity in the U.S. and engage in activities to build awareness of appropriate cross-cultural and interfaith dialogue.</p>	<ul style="list-style-type: none"> <li>• Recognize that people's beliefs are part of their identities.</li> <li>• Develop language and knowledge to accurately and respectfully describe six world religions.</li> <li>• Build empathy, respect and understanding for others' beliefs to create a classroom and school culture that meets the needs of all students.</li> </ul>	<p>"This experience served as a window into the different belief systems of my students. It provided practical classroom strategies to help me better meet the needs of my students from different walks of faith." -LKMS Teacher</p>

<p><b>Helping LGBTQ Students Feel Safe and Seen</b></p> <p>K-12 90 minutes</p>	<p>All means all. Explore gender roles and pressures, gender identity, and how to create safe and inclusive spaces for all students and staff.</p>	<ul style="list-style-type: none"> <li>● Examine identity, beliefs, and values to better understand gender identity and sexual orientation.</li> <li>● View others within the context of intersectionality.</li> <li>● Examine current practices and explore strategies to create more inclusive classrooms and schools.</li> </ul>	<p>“OTE staff loved learning and having a better understanding of ourselves so we can in return better serve our students and school community. This experience helped us build our capacities to help all students feel welcome and safe. We are inspired to do more work centering around diversity next year.” -Cho Druen, OTE Principal</p>
<p><b>Mental Health: Mindset Matters</b></p> <p>K-12 90 minutes</p>	<p>Stigmas associated with mental illness are prevalent in society. Through a series of activities, discussions, and video clips, enhance the capacity to work with all members of the BV Community and expand the ability to ensure all students feel safe and included.</p>	<ul style="list-style-type: none"> <li>● Explore stigmas associated with mental well-being.</li> <li>● Develop a capacity to support students impacted by mental health issues.</li> <li>● Expand the ability to ensure all students feel safe and included.</li> </ul>	<p>“As more and more of our students struggle with mental health, it is imperative to be set up for success in our classrooms. This experience provided examples of how my words and actions have more of an impact than I had imagined. I appreciated the practical pieces that I can take back to my school/classroom. -BVNW Teacher</p>
<p><b>Microaggressions: it is a big deal!</b></p> <p>K-12 90 minutes</p>	<p>“Language is never neutral.” Commonplace comments or actions express implicit bias towards members of marginalized groups. Examine the impact of these microaggressions and learn strategies to create inclusive, safe spaces for all students and staff.</p>	<ul style="list-style-type: none"> <li>● Reflect on personal assumptions and implicit bias.</li> <li>● Build and draw upon intergroup awareness, understanding, and skills.</li> <li>● Develop skills to speak up (and encourage students to speak up) against bias and injustice.</li> </ul>	<p>“As a staff, our greatest take away from the professional learning around microaggressions, was that our own biases (known or unknown) play a role in unintentional, hurtful comments and reactions. The training helped us be more self-aware of how our verbal and non-verbal communication can potentially be demeaning and derogatory toward groups or individuals. We challenged ourselves to “call each other out” if we hear or see micro aggressions.” -Annette Saucedo, HRT Principal</p>
<p><b>This is Us: The Modern Family</b></p> <p>K-12 90 minutes</p>	<p>Explore changing family dynamics and structures. Examine how traditional language (“mom and dad”) and systemic protocols can impact student learning and school climate. Identify and implement ways to establish an increasingly inclusive community.</p>	<ul style="list-style-type: none"> <li>● Understand family structure is changing.</li> <li>● Explore how unconscious bias can impact how we view and treat others.</li> <li>● Examine current practices and explore strategies to create more inclusive classrooms and schools.</li> </ul>	<p>“This professional learning experience allowed me to explore family dynamics. Through my own exploration and experiences shared by colleagues, I was able to view my young people through a wider lens. This experience gave me another beneficial means to build a culturally responsive classroom.” -BVH Teacher</p>

**SES: the Hidden Demographic**

K-12  
 90 minutes

Engage in activities to support the understanding of how socio-economic status can impact an individual's life and what we, as educators, can do to support all students.

- Understand what poverty looks like in Blue Valley.
- Examine how poverty impacts students.
- Develop strategies to prevent poverty from impairing student learning.

"Having the opportunity to examine and reflect on the impact SES has on the students and culture at Oxford was one of the most relevant professional learning opportunities we have had. Taking the time to dialogue about how poverty impacts our students as learners and being equipped to help prevent poverty from impairing our students' learning was extremely powerful. Our staff was given additional professional learning time later to dive deeper, reflect on our personal SES histories and stories, and problem solve on how the Oxford community could implement systems of support related to SES for not only our students but our overall community. Again, a very powerful time." -OMS Teacher

**Design Your Own**  
 K-12

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