During an economic downturn families may need assistance due to temporary financial difficulties. The following list provides a variety of local and state resources that you or your family may qualify. Contact your school and ask to speak to the social worker or counselor, who can confidentially direct you to organizations who can help.

Free and Reduced Lunch Program
The Free and Reduced Meal Program is an annual program and a new application is required each school year to qualify for benefits. This online format is quick, easy, and confidential.

Findhelp.com
Search by zip code to find resources including food assistance, help paying bills, and other free or reduced cost programs in Overland Park, KS 66223

Catholic Charities – (913)433-2100
Food pantry, rent/utility assistance and case management support for those struggling with long term needs

Church of the Resurrection - (913)897-9120
Free or low cost counseling, computers, auto repair, furniture

Salvation Army – (913) 782-3640
Lodging for homeless families, food pantry, case management for those struggling long term with finances, emergency assistance

Jewish Family Services – (913)327-8250
Counseling, food pantry, career counseling and support

Johnson County Multi Service Center - (913)715-6653
Utility assistance, assistance with medical needs and other special needs, case management support to support self-sufficiency, food pantry, emergency shelter and other homeless services, assistance for dental emergencies, diabetic supplies, durable medical equipment, optical needs, and prescriptions (no controlled substances).

KS Division of Children and Families - 1-888-369-4777
Cash assistance, child care assistance, food assistance, work programs

Sleepyhead Beds (816) 547-9965
Sleepyhead Beds is a non-profit, 501(c)(3) charitable organization founded in 2010. They take gently-used, donated beds and bedding and distribute them to Kansas City area children and families in need, free of charge.