

CHORES CHECKLIST

Student name _____

Check the chores your son or daughter does independently at home.

Circle the chores you would like them to become more independent in doing for themselves.

____ Load and operate washer

____ Make a grocery list

____ Load and operate dryer

____ Follow recipe instructions

____ Treat stains on laundry

____ Operate the microwave

____ Sort laundry

____ Operate the stove

____ Iron clothes

____ Operate the oven

____ Fold clothes

____ Open cans with can opener

____ Put away clean clothes

____ Set the table

____ Brush my teeth

____ Other: _____

____ Fix my sack lunch

____ Other: _____

____ Answer phone and take a message

____ Other: _____

____ Make a phone call

____ Other: _____

____ Make sure my parents look at my ACCESS folder

____ Other: _____

____ Vacuum

____ Other: _____

____ Dust

____ Other: _____

____ Sweep floors with a broom

____ Other: _____

____ Mop

____ Wash windows/mirrors

____ Take out the trash

____ Clean bathroom sink

____ Clean toilet

____ Load and operate dishwasher

____ Unload dishwasher

____ Wash dishes by hand

