

# Healthy Hawks Backpack Program



Dear Oak Hill Community,

During these tough economic times, it has become more and more difficult to make ends meet. Families sometimes find themselves struggling to put food on the table and manage everyday household expenses.

Many of you have offered to help struggling families here in our own school building by contributing to the Oak Hill Healthy Hawks Backpack Program. This program is designed to feed students and families who are in need by providing a backpack full of food to take home over the weekend.

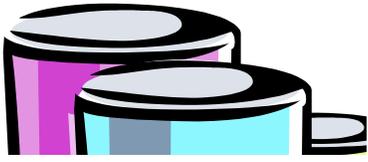
Donations are comprised mostly of non-perishable healthy food items, but also include paper goods, travel-sized health/beauty items, gasoline gift cards, grocery store cards, or monetary amounts.

Thank you to our amazing OHE community for all of the donations you provide to this important Healthy Hawks program. If you have more questions about Healthy Hawks please read through the FAQs on the next page.

If your family is in need, or your family situation has changed since the letter we sent at the start of the school year, and you wish to be a recipient of the Healthy Hawks Backpack Program, please contact school counselor Nicole Birnbaum at (913)239-6917, our social worker Lori Cull at (913)239-6924, or principal Megan Allam at (913)239-6915. All information will be kept strictly confidential.

*Thank you!*

# Healthy Hawks FAQ



## **Q: What is the Healthy Hawks Backpack Program?**

**A:** The Healthy Hawks Backpack Program started in 2011 to help support OHE families who may be facing economic hardships. The program was designed to provide food and everyday household items to those who find themselves in a situation of economic hardship.

## **Q: How long do families receive the backpacks?**

**A:** The program is designed to be a temporary support until the support is no longer needed. Oak Hill will check in each school year to see if donations are still needed. The children who receive donations are kept confidential, but will bring an extra backpack home on the last day of the week. Students will be responsible for returning the extra backpack in order for it to be filled the following week.

## **Q: I know a family who may need extra support. How can I help them?**

**A:** Encourage the family to contact the school's counselor, social worker, or principal to become a part of the program.

## **Q: How can I donate to the program?**

**A:** We accept donations from the Oak Hill community. If you volunteered in the fall to donate to Healthy Hawks, donation letters come home with your student periodically throughout the year. Return your donations to school with your child. Collection bins are found in the pods, or they can be given to the office staff.

## **Q: Are there other services available to our family if we find ourselves in need?**

**A:** Some families qualify for Free & Reduced lunches. Please see the office if you need help filling out the paperwork. Finally, please contact the school counselor or social worker if you find yourselves in need of other services.