



# Health and Learning

## Illness and Covid procedures

Our goal is to keep all students and staff healthy and learning. You can help us in this endeavor.

1. Keep your student home if he/she has any of the following symptoms. *\*These symptoms are common with many illnesses, including COVID-19 according to the CDC. If 2 or more symptoms are present please consult your health care provider.*

Temperature 100°F or higher and/or chills\*

Difficulty breathing or shortness of breath\*

Head or chest congestion and/or runny nose\*

Muscle or body aches not associated with an injury or exercise\*

New loss of smell and/or taste\*

Red eyes with purulent drainage

Diarrhea (2 or more loose stools)\*

Nausea and/or vomiting\*

New or excessive cough\*

Extreme fatigue\*

Headache\*

Sore throat\*

2. Report your student absent as soon as you know they will not be attending school. Absences can be reported in three ways:
  - Call the absence line at 913-239-5305
  - Submit the absence through parentvue
  - Through the LMS homepage select “I want to report an absence” from the gray box in the upper right-hand corner
3. If your student is diagnosed with strep throat, influenza (flu), covid-19, pink eye or any other communicable disease report this to our school nurse. Amy Hamera, RN can be reached at 913-239-5313 or [arhamera@bluevalleyk12.org](mailto:arhamera@bluevalleyk12.org). Blue Valley follows JCHE’s recommendations for exclusion which can be found at <https://www.bluevalleyk12.org/cms/lib/ks02212623/Centricity/Domain/4486/JCHD-Exclusion-Recommendations.pdf>
4. As your student feels well enough they should check canvas for their assignments. If students are absent for an extended period they should also reach out to their teachers through email.

**Helpful reminders for students regarding classes and Canvas. We ask students to use the following methods to help stay as current in their classes as reasonably possible when not at school.**

- a. Each teacher will put their agenda on their Canvas homepage for each course. This will tell what the class is doing each day and if there is assignment.
- b. Any class assignment worth points will show up on the student Canvas Calendar feature so you can see when work is due.

**The Modules tab in each Canvas course is the main hub where teachers list the specific activities and documents that are used in class. Some teachers may also use the Announcement tab as well for reminders and messages.**

*JCDHE will manage all contact tracing and communicate with Blue Valley when a student has been advised to quarantine due to covid-19. Blue Valley only accepts PCR covid tests for negative results. There are many PCR testing sites in the community. Free PCR testing is available at community testing sites, many of which can be found at [www.gogettested.com/kansas](http://www.gogettested.com/kansas).*

*If your student has a known exposure to a positive case of COVID-19 outside school/school related activity, please contact JCDHE at 913-715-2820 for instructions.*