

Cardinal Flyer

FEBRUARY 3RD, 2023

CHIEFS SPIRIT WEEK STARTS MONDAY

Celebrate the Chiefs Superbowl Run!

Mahomes Monday, It's Showtime!

Wear a hat or headband

Teamwork Tuesday, We're Better As A Team!

Wear a Sports Jersey

Win It Wednesday, Dreaming of a Chiefs Victory

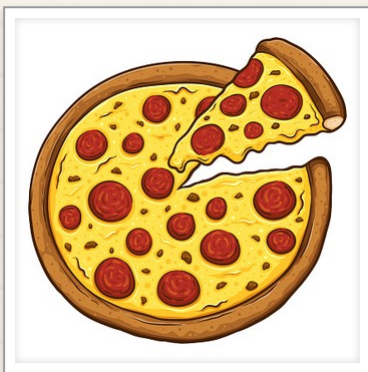
Wear your PJ's

Gold Thursday, Rep Chiefs Colors

Wear your best Chief's gold

Red Friday, How Bout Those....CHIEFS"

Wear your Chief's gear



PIZZA & CONVERSATION ON THURSDAY, FEB 9TH

Come with your student and join us at BVMS in a conversation with District Attorney Don Hymer about Underage Drinking and Vaping and the consequences! Free pizza from 6-630. Followed by the discussion and questions. Please register at bvmspto.org so we know how much pizza to purchase!

FEBRUARY 10TH IS PANERA DAY FOR BVM!

RAISE SOME DOUGH

Help support us!

20% of sales will benefit
BLUE VALLEY MIDDLE SCHOOL PTO

February 10, 2023
8:00 am to 8:00 pm CDT
7871 West 159th St

In Cafe • Drive-Thru • Pick-Up • Delivery
Enter promo code FUND4U at online checkout.

Panera
FUNDRAISING



GREAT WORK, 7TH GRADE ORCHESTRA MUSICIANS!

We had 6 fantastic 7th grade musicians representing BVMS this evening at the Inaugural BV 7th Grade Community Orchestra! These students combined with 50 7th grade musicians from all our BV middle schools for 3 rehearsals this week, culminating in a concert.

Congratulations to Aleks Moret, Rithvik Parasker, Micah Shah, Yuna Kim, Skylar Lai, and Neenaz Irani for their hard work and stellar performance tonight!



TEACHER CONFERENCES FEB 15TH & 16TH

Teacher Conferences will be Wednesday Feb 15th & Thursday Feb 16th and will follow the same schedule as the fall. Group sessions refer to meeting all of your student's teachers at once, and must be scheduled in advance. Walk-ins will be 5 minute check-ins with individual teachers and are not scheduled in advance. Walk-ins are only available in-person and during the listed times.

Wednesday Feb 15th

Zoom Group Sessions (20 min) 3:15 - 5:15p

Walk-ins 6 - 8:15p

Thursday Feb 16th

Walk-Ins 7:30 - 9am

In-person Group Sessions (20 Min) 9:10 - 11:30am

Zoom Group Sessions (20 Min) 12:20 - 1:40p

7:30 - 9:00am (20 Min) 9:10 - 11:30am

Please call the front office to schedule group sessions at (913) 239-5100



RETURN OF THE MATHLETES!

KCATM contest and Mathletics back again this year! Please find information at <http://kcatm.net/contest.html> There will be an in-person Mathletics event, called KC-Counts, at Park Hill High School on Saturday, April 1st. Prior to that, BVMS will offer individual student contest exams during the last week in February (this is a new format). If you have any questions, or would like to participate, please contact [Mrs. Mason](#)

BOYS BASKETBALL SCHEDULES

Boys Basketball Games continues next week! Click here for:

[Practice Schedule](#)

[Game Schedules](#)

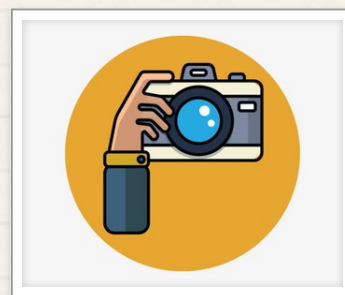


Good Luck Cardinals!

PHOTO DAY: February 7th, After school in Gym

SCH STUDENT ACTIVITY PHOTOS: ORDER BEFORE APRIL 30

Has your student been involved with sports, music, or other activities this year? Photo orders are still open! Click [here](#) to order before end of April.





A NOTE FROM DISTRICT: MORNING TRAFFIC

Here are a few safety reminders for morning drop off:

- To more efficiently keep the car line moving, please use front circle drive and not the parking lot for drop off. Students can be dropped off as early as 7:15am. There is typically no line at this time
- Please do not block the handicap spots by stopping in the lot to unload. Do not pull into the handicap parking spaces unless you are legally authorized to do so.
- Pull all the way forward to the sign "end of drop off/pick up zone." Exit the car on the curbside only. Students should exit when your car stops.
- There is only one crosswalk, which is near the office. A parent/guardian must walk students to the crosswalk to wait for a supervisor to signal when it is safe to cross. Students should not be dropped off in the parking lot without a parent/guardian escort to the crosswalk due to traffic and safety concerns
- Have your student ready to exit the car when you enter the lot to save time

MENTAL HEALTH RESOURCES

Johnson County Mental Health Parent Resources:

- **Feb. 15:** [Adult Mental Health First Aid - Virtual](#)
- **March 23:** [Parent Connect - Virtual](#)
- **March 28:** [Youth Mental Health First Aid - Virtual](#)

BATTLE OF THE BANDS

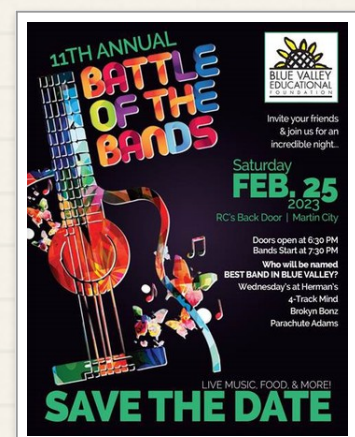
You Are Invited!

Battle of the Bands tickets are ON SALE NOW!

Don't miss the best over-21 night of the year with live music, auction items, a bourbon/wine pull, light appetizers and MORE.

This annual event supports music initiatives in our schools and **will sell out FAST** so grab your friends and family and get your tix today!

[Click here](#) to get your tickets today!



SPRING PTO DATES

Spring PTO Dates:

Feb. 9 - Pizza & Conversations (Discussion for Guardians/Students with District Attorney Don Hymer about Underage Drinking/Vaping) - 6-7:30pm

Feb. 24 - Cardinal Activity Night (CAN) - 7-9pm

May (last full day of school - determined by district after Spring Break) - 8th Grade Farewell

BLACK HISTORY MONTH RESOURCES- JOCO MENTAL HEALTH

It's Black History Month! This year's theme is Black Resistance. Black people have resisted historic and ongoing oppression in all forms. By resisting, Black people have achieved triumphs, successes and progress that can be seen in various forms like laws, art, film and media, political representation, etc.

In the mid-1800s, prominent American physician Samuel Cartwright created two racist and false mental health diagnoses to label Black people with the hopes of keeping them oppressed, captive and abused. There is so much to be learned about Black history, especially within the mental health space.

This month, we'd like to highlight Black pioneers in mental health who have resisted the stigma of mental health in the Black community and contributed important and meaningful work despite the structural, institutional and individual barriers they face. We thank them for their integral, persistent and often overlooked contributions.

- [What Black History Month Means for Mental Health](#) - Plymouth Psych Group
- [Black History Month in Schools: Resource Guide](#) - Teachers Pay Teachers
- [How to Understand and Disrupt Racial Bias—with Jennifer L. Eberhardt](#) - TED Business
- [Black Emotional and Mental Health Collective](#) - BEAM
- [Introducing "The Sum of Us"](#) - Renegades: Born in the USA
- [How to Care for Yourself if You've Been Exposed To Images of Police Brutality](#) - Melanin & Mental Health

UPCOMING EVENTS

Monday Feb 6

7th & 8th Grade Choir Field Trip- South Area Feeder Festival 8a-11a

Musical Rehearsals 3p-5p in Commons

Science Club 3:15-4p

A1/A2 Boys Basketball Home Game at 3:25/4:25p in Gym

B1 Boys Basketball Game at LKMS at 3:25

7th & 8th Grade Choir Concert 7p-9p at BVH

Tuesday Feb 7

Broadcast Club 7a in Library

MATHCOUNTS Competition Field Trip 8a-2p

STUCO 3p-4p in Room 103

Musical Rehearsals 3p-5p in Commons

Boys Basketball Practice 3p-4:30p in Gym (PHOTO DAY)

Wednesday Feb 8

FCA 7a in Room 102

Chess Club 3p-4p in Room 102

Yoga Club 3:15-4:15p in Room 108

Diversity Council 3p-4p in Room 112

Yearbook Club 3p-4p in Library

Musical Rehearsals 3p-5p in Commons

Boys Basketball Practice 3p-4:30p in Gym

Thursday Feb 9

Club Photo Day 8a-9a in Commons

MathCounts Club 3p-3:45p in Room 806

Anime & Gaming Club 3p-4p in Room 809

Musical Rehearsals 3p-5p in Commons

Boys Basketball A1/A2 Game at BVH 5:30p

Boys Basketball B1 Game at BVH 6:30p

PTO Meeting 7p-9p in Library

Friday Feb 10

Musical Rehearsals 3p-5p in Commons

Boys Basketball Practice 3p-4:30p in Gym

Panera Night 8a-8p (159th St Location only)