

CARDINAL FLYER

MARCH 3RD, 2023

SPIRIT WEEK!

March 6-9 will be Spirit Week.

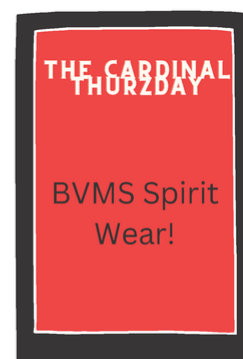
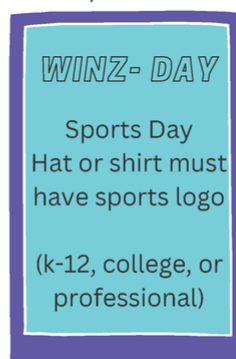
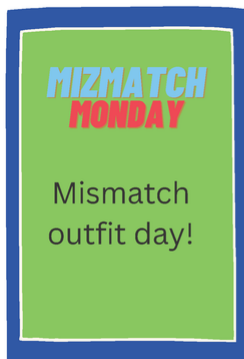
Participate Monday, Tuesday, and Wednesday for a chance to PIE THE PRINCIPAL/COUNSELOR during Thursday's assembly! Check in with STUCO at lunch to have your name entered for wearing your Spirit gear. Two students per grade will be chosen, one to pie Mr. Salsgiver and one to pie Ms. Garth. One staff member will be chosen to pie Mr. Salsgiver. Winners will be drawn during announcements Thursday morning. Hats are welcome all days.

Pre-Spring Break Spirit Week!

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Participate Monday, Tuesday, and Wednesday for a chance to PIE THE PRINCIPAL/COUNSELOR during Thursday's assembly! Check in with STUCO at lunch to have your name entered for wearing your Spirit gear. Two students per grade will be chosen, one to pie Mr. Salsgiver and one to pie Ms. Garth. One staff member will be chosen to pie Mr. Salsgiver. Winners will be drawn during announcements Thursday morning.

Hats are welcome all days.



ORCHESTRA FESTIVAL MARCH 8TH

The South Area Orchestra Festival is this Wednesday, March 8th at 7:00 in the BV High south gym for "A Night at the Movies"! Students need to bring their folding music stand, instrument, and music, dressed in concert black. We have a rehearsal right before the concert: 7th/8th graders need to be in their seat ready to go at 5:30 and 6th graders need to be ready at 6:00.



SMALL GROUPS INTEREST SURVEY

Hello from Blue Valley Middle School's Counseling department! As part of our comprehensive counseling program, we offer small group counseling. Often, students who share a common concern find it helpful to meet to share ideas and gather support in a group setting. These groups will meet once a week during FLEX for 6 weeks. Groups will consist of no more than 8 students and will be a blend of peer role models and students that can benefit from the topic. Groups consist of students of the same grade. We are currently offering groups to support students socially with a focus on respectful interactions, how to communicate with others, setting personal boundaries, appropriate social media use, and how to solve problems in peer conflict. If you are interested in your student participating, please complete the google form below.

<https://forms.gle/ECHi3wp73s54WUqf6>



KCATM & MATHLETICS TEAM COMPETITION APRIL 1ST

KCATM contest and Mathletics back again this year! Please find information at <http://kcatm.net/contest.html> There will be an in-person Mathletics team event, called KC-Counts, at Park Hill High School on Saturday, April 1st. If you have any questions, or would like to participate, please contact [Mrs. Mason](#)

BVSD ESPORTS 1ST ANNUAL ROCKET LEAGUE TOURNAMENT

Blue Valley eSports League is holding their first annual High School level Rocket League tournament at BVSU on March 24th, 5p - 7:30p. High School and College eSports coaches will be in attendance for any students wanting to gather more information about how to get involved! Side games, such as Super Smash Bros & Mario Kart, will be available for guests to play. See the attached flyer below for more information!



BVM STUDENTS INVITED TO STATE-LEVEL CHOIR

'BVMS would like to recognize the following two BVMS eighth grade choir students who auditioned for, were selected, and participated in the 2023 'Kansas Music Educators Association's Middle Level All State Choir'. This all state event was held this past Friday, Feb. 22nd, at the Wichita Century Link Performing Arts Center. The selected BVMS students were: Mason White and Chacey Dollins! A big 'bravo' to all BVMS students that auditioned for all state choir and to Chacey and Mason on being selected. Chacey should also be congratulated on making the all state choir all three years while at BVMS. Way to go Chacey and Mason!

BVH BLACK & GOLD EVENT

The Black & Gold Party is the parent social event for the year and is a great opportunity for all BVM and PSM families especially those with incoming 8th graders to get acquainted with our school. We hope you can join us! Below you'll see the Top Ten Reasons to attend our Black & Gold Party

10 THINGS TO KNOW ABOUT BLACK & GOLD ON APRIL 1

1. The Early Bird deadline is approaching! Tickets to Black & Gold are only **\$40 if purchased by March 9** and \$50 starting March 10. To buy tickets, click [here](#).
2. Raffle tickets are on sale now for a football autographed by two-time Super Bowl and NFL MVP **Patrick Mahomes** and a jersey signed by eight-time Pro Bowler **Travis Kelce**. Tickets are \$20 each or 6 for \$100. You can own a piece of history and raise money for BVHS! You do not need to attend the event to buy raffle tickets. To purchase, click [here](#).
3. This year we are hosting a pickleball tournament featuring a celebrity team headed by **Matt Besler**, former Sporting KC player and member of the US National Soccer Team. Each pickleball team is guaranteed three games—two round-robin games, then single elimination—

and players are welcome to continue playing on the remaining open indoor courts after their tournament play has concluded. The pickleball package is \$150 and includes three hours of pickleball and event tickets **for two people**. To register, click [here](#).

4. We will be showing the Men's Final Four basketball game during the event in both the party room and the pickleball courts. Come watch with your friends!

5. Suggested attire is Tiger Casual. Wear your favorite BVHS tees and sweats!

6. We are still gladly accepting sponsors! Sponsors receive free event tickets as well as recognition at the event and throughout the 23-24 school year. To sponsor Black & Gold, click [here](#).

7. If you have an item you would be willing to donate to our auction, notify us [here](#).

8. If you are willing to serve on a committee or help the night of the event, sign up [here](#).

9. We were able to secure an extra hour in our event space, so please note that Black & Gold will actually end at 11:00, not 10:00.

10. The auction will go live online on March 21. You do not need to attend the event to bid on auction items. Watch for a notification when we go live to take advantage of our Buy it Now options.

Questions? Contact Julie Rudman (913-486-8459 or Rudwell2@aol.com) or Yolonda Merritt (516-841-7475 or yovid99@yahoo.com).

BLACK & GOLD

APRIL 1, 2023 • 7-10 PM AT CHICKEN N PICKLE • ADULTS ONLY

**DINNER*, RAFFLE, AUCTION
PICKLEBALL TOURNAMENT**



USE THE QR CODE OR VISIT BVHSPTO.ORG FOR TICKETS

SPIRIT WEAR OR BLACK AND GOLD CASUAL ATTIRE SUGGESTED

\$40 EARLY BIRD • \$50 AFTER MARCH 9

ALL PROCEEDS BENEFIT BVHS ACTIVITIES, CLUBS AND SPORTS

***INCLUDES TWO DRINK TICKETS**

KANSAS EDUCATION ENRICHMENT PROGRAM

Important Notice for Parents!

The Kansas Education Enrichment Program (KEEP) provides qualifying parents and guardians with a \$1,000 award per eligible child to pay for a variety of educational goods and services that promote learning, enrichment, and development opportunities.

Learn more about this award and how to apply at:

<https://www.keep.ks.gov/>

RESOURCES FROM JOCO MENTAL HEALTH

Resources for Mental Health from JOCO MH

- [War in Ukraine having a devastating impact on people's mental health](#) - Euro News
- ['Traumaversaries' can be hard. Here's how 4 sexual assault honor theirs](#) - The Washington Post
- [Anxiety, sadness may increase on anniversary of a traumatic event](#) - American Psychological Association
- [Anniversary Reactions: Research Findings](#) - U.S. Department of Veterans Affairs
- [Anniversary Effect: What It Is & How to Cope](#) - Choosing Therapy

Resources for Black History Month-JOCO MH

- [Celebrating Black History Month by Honoring Changemakers Who Continue to Raise Awareness for Mental Health](#) - Crisis Text Line
- [Black History Month: Corinthian Nutter and the integration of Johnson County schools](#) - Johnson County Government
- ['Black History in the making:' Where to celebrate Black History Month in Kansas City](#) - The Kansas City Star
- [Black Female Therapists](#) is a free directory of therapists that you can filter by location, specialty, payment flexibility and more. If you're looking for more of a community, sign up and pay for their daily text affirmations and recordings of live weekly classes.

BLUE VALLEY SUMMER EXPLORATIONS ENROLLMENT OPENS MARCH 20



Looking to add a little STEAM to your summer? Try out our "STEAMing into Summer" course. Are you interested in designing games? Sign up for "Game On" and challenge yourself to a new game. These are just a few examples of the array of opportunities available through Blue Valley's Summer Explorations program, designed to engage students in learning through hands-on experiences and lots of fun. Enrollment for the one-week sessions will begin at 8 a.m. March 20 and remain open until 4 p.m. April 3. All summer programs take place in person unless otherwise noted. For more information about the Summer Explorations program, visit www.bluevalleyk12.org/summerprograms.

UPCOMING EVENTS

Monday Mar 6

Spirit Week: Mismatch Day

Science Club 3:15p-4p in Room 707

Tuesday Mar 7

Spirit Week: Tropical Tuesday (Beach/Vacation Outfits)

Broadcast Club 7a in Library

Cubing Club 3p-4p in Room 106

South Area Jazz Band Festival 7p at BVH

Wednesday Mar 8

Spirit Week: Winning Wednesday (Sports Gear)

FCA 7a in Room 102

Chess Club 3p-4p in Room 102

Yoga Club 3:15p-4:15p in Room 108

Diversity Council 3p-4p in Room 112

Yearbook Club 3p-4p in Library

South Area Orchestra Festival 7p at BVH

Thursday Mar 9

Spirit Week: Cardinal Day (BVM Gear)

LAST DAY OF THIRD QUARTER

Anime & Gaming Club 3p-4p in Room 809

MathCOUNTS 3p-4p in Room 806

Friday Mar 10

No School

Spring Break Mar 11th - 20th

School Resumes on March 21st



Esports Flyer for MS.pdf

[Download](#)

183.5 KB



10 Things.pdf

[Download](#)

322.1 KB



KEEP Flyer.pdf

[Download](#)

74.2 KB