

CARDINAL FLYER

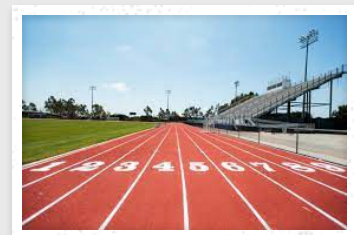
APRIL 7TH, 2023

TRACK & FIELD MOCK MEET APR 10

Monday, April 10th will be our Mock Meet. This practice is for ALL 7th and 8th grade boys AND girls. We will practice until 5:00 p.m. to prepare for our first meet.

The first meet of the season is on Tuesday, April 11th at Aubry Bend Middle School. Field events will start at 3:25 p.m. and running events will begin at 3:40. Athletes will be dismissed from class at 2:10 and ride the bus to ABMS. We look forward to seeing you there to cheer on our Cardinals!

[BVMS Track Meet Schedule](#)



CHILDREN'S BOOK DRIVE: APRIL 3RD - 14TH

BVM is initiating a project to collect gently used children's books (Pre-K to Sixth Grade) to donate to the United Methodist Church of the Resurrection Bookmobile program, which delivers these books to underprivileged kids in the KC area.

These books will be collected by students daily and they will keep the totals for each FLEX. The Flex that collects the most books will be awarded with an Ice Cream party. Books will be collected from Monday, April 3rd through Friday, April 14th.



SEVEN DAYS: APRIL 5TH - 13TH

Give Seven Days is a week that focuses on kindness and community. At school, we will be sharing this video (<https://www.youtube.com/watch?v=bDLnRdjKRBA>) with students on Tuesday to review the history and the meaning behind Give Seven Days. During the week of April 5-13 students will be receiving a sticker each day and a morning announcement with a

challenge for kindness. There will be a kindness walk on April 16th at the Church of Resurrection. Here is more information: <https://sevendays.org/events/2023-kindness-walk>
Please join us in celebrating kindness and community with these challenges:

SevenDays®

MAKE A RIPPLE, CHANGE THE WORLD APRIL 2023

Mission: SevenDays® overcomes hate by promoting kindness and understanding through education and dialogue.

Vision: Make a Ripple to Change the World by Connecting Communities.

HOME RESOURCES

DAY, THEME AND SUGGESTED ACTIVITIES



LOVE - Reach out to those whom you care about

Make it a day full of love. Write a small note to each family member to show them your appreciation and love. Show love to someone you miss by sending them a message of reconnection.



DISCOVER - Take time to broaden your worldview

Discover something new today. Take time to learn about another religion, culture, or group of people that pique your curiosity. Research with your family. Look for similarities, differences, and discuss what surprises you.



OTHERS - Give of yourself to others

By offering kindness with your time and gained understanding of "others" in our community, you strengthen our community. Watch a movie or read a book about someone who is different from you. Give a token of kindness (flowers, a note, homemade cookies, etc.) to an "other" in your community. Consider donating blood to the Community Blood Center during our focused SevenDays® blood drives.



CONNECT - Virtually gather together with others

Connect with people today. Take time to connect in whatever way you can. Call a family member that you don't talk to often. Schedule a family reunion via a video platform. Schedule a virtual Happy Hour with friends and include someone you want to know better.



YOU - Taking care of YOU - mind, body and soul

Do something good for you today. Think about what makes you happy, then take the time to do it. You have our permission to focus on yourself today. Acknowledge that self-care is necessary for you and those around you.



GO - Go out into the world

Be more active personally and in the world. Fresh air, sunshine and kindness work well together! Show kindness while being outside. Pick flowers from your garden and give them to a neighbor or consider cleaning up trash in a local park.



ONWARD - Move forward with purpose

Register for our SevenDays® Kindness Walk from our website. You can also host your own Kindness Walk encouraging family and neighbors to join you in committing to one year of Kindness. Holding yourself and each other accountable, discuss the importance of continuing onward with kindness and outline planned actions for your neighborhood.

WWW.SEVENDAYS.ORG

Explore many options to engage in Kindness through our website.
<http://SevenDays.org>

#BeTheRipple
#GiveSevenDays

CONGRATULATIONS MATHLETICS STUDENTS!

Congratulations to 6th Graders Adinath Sudheer, Jabez Lin and Rushil Bandla for winning 3rd place at the KCATM Mathletics competition on Saturday!!!

Congratulations to 7th Graders Navya Bhatia, Rayan Rastgoftar

and Ava Young for winning the 3rd place at the KCATM Mathletics competition on Saturday!!





STUDENT APPEARANCE EXPECTATIONS & CLOTHING GUIDELINES

Student Appearance Reminder:

- No bare midriff. strapless tops, extremely short shorts/skirts, or low/revealing necklines
- No underwear or bra straps showing
- No tube tops
- Extremely short shorts or short skirts, and bottoms with revealing slits
- T-shirts that advertise illegal activities
- Hats/caps/hoods (of any kind) will not be worn during the school day.
- Footwear must be worn at all times.

Students who are wearing inappropriate clothing will be asked to cover the clothing or replace it. For students who repeatedly fail to comply with guidelines, a parent will be notified and the student could also be assigned other school consequences.

BVH COLOR GUARD CLINIC APR 25 & 27

Will you be a BVH Freshman in the 23-24 school year? Are you interested in auditioning for Color Guard? Attend our BVH Color Guard Audition Clinic on April 25th & 27th! No experience necessary! See attached flyer for details.



Blue Valley HS Color Guard

Auditions for incoming 9th graders

Learn to spin, dance, perform, and make new friends!
No experience necessary, All are welcome!

April 25 & 27

6:00-8:00pm

BVMS Gym

Please wear athletic clothing!



Interest Form:



 [bvhs_color_guard](https://www.instagram.com/bvhs_color_guard)

23-24 SCHOOL SUPPLIES KITS NOW AVAILABLE!

PTO Supply Kit ordering is open now. The deadline to order is July 1.

Incoming 5th graders and current 6th and 7th graders can order kits for next year. Online ordering will close on July 1- no late orders will be accepted, no exceptions.

The link is www.firstdayschoolsupplies.com and enter zip 66085 to find BVM.

Questions can be sent to me, Jill Schutzler at schoolsupplies@bvmspto.org

Thank you.

BVMS PTO





SCREEN SANITY APR 13

While technology is a common battleground in most family homes, it also has the power to uplift and improve our humanity – but it is critical that we create new cultural norms of digital health if we want our kids to flourish. Join your fellow Blue Valley Middle School parents and caregivers as we work through some of today's top technology pain-points to find tips and tools for connecting with your current challenges. A free dinner will be provided at 6pm! Please rsvp if possible at bvmspto.org so we know how much dinner to get.

SUMMER PROGRAM DEADLINE MAY 1ST

Is your child enrolled in one of Blue Valley's Summer Programs courses? Fees will be posted in [ParentVUE](#) for all Summer Programs and available for payment starting April 10. All Summer Programs fees are due by May 1. Visit bluevalleyk12.org/summerprograms for more information.



NEEDS IDEAS FOR FUN SUMMER ACTIVITIES?

Summer is on the horizon! It's not too early to check out some fun camps and register your child before spaces are filled. If you are looking for a camp for a child with specific needs, please reach out to me and I can assist you in your search.

Ruthie Anderson, BVMS Social Worker
randerson02@bluevalleyk12.org

<https://jcprd.com/889/Camps>

UPCOMING EVENTS

National Occupational Therapist Month
School Library Month

Monday April 10

Zumba Club 3-4p in Room 603

Tuesday April 11

Drama Club 3p-4p in Commons

Wednesday April 12

FCA 7a-7:50a in Room 102

Chess Club 3p-4p in Room 102

Yoga Club 3:15-4p in Room 108

7th & 8th Grade Galley Club during Lunch in Library

6th Grade Chat N Chew during Lunch in Library

Thursday April 13

Anime & Gaming Club 3p-4:30p in Room 809

Screen Sanity Seminar 6p in Library

Friday April 14



7 days home resource.pdf

[Download](#)

607.3 KB



Join Guard BVMS.pdf

[Download](#)

5.7 MB



screen sanity flyer.pdf

[Download](#)

299.7 KB



BVHS 2023 Softball Camp Flyer.pdf

[Download](#)

437.9 KB

